teach.

- for graduation
- requirement for clearance to student teaching. • A GPA of 2.75 or greater in each section is required

956-882-8290

956-665-3501 **Brownsville Campus: BLHSB 2.730**

Edinburg Campus: HPE1 1.110

Departmental Office Location:

HEALTH (BS) Catalog: 2018-19

COLLEGE OF HEALTH AFFAIRS

*Teacher Certification



UTRio Grande Valley

education, history courses introduce students to different historical eras, diverse cultures, famous and ordinary women and men, and a variety of geographical settings. Our courses challenge students to think critically, express themselves clearly, and become informed and responsible citizens in an increasingly interconnected world. Students majoring or minoring in history may become teachers or seek employment in business or government. History is an excellent background for those who wish later to go to law school or enter journalism.

Additional Info

• All courses must be passed with a "C" minimum

grade and need 60 earned hours to enroll in

 Apply for admission into teacher education program at the Certification Office in the College of Education

P-16 Integration at junior status having met required

exams and pre-requisite coursework. Must have

Check with department office on requirements to

take the department benchmark for clearance for

Required to take and pass the PPR and content TEXES

for clearance to student teaching. Prepare to take

the exams the semester before planning to student

Required to have taken and passed all major course

advanced courses in the major.

minimum GPA of 2.75.

content TExES.

Contact Info

Dr. Zelma D. Mata

Department Chair

Zelma.mata@utrgv.edu

Administrative Assistant

Ms. Alma Arteaga

956-665-3501

Alma.arteaga@utrgv.edu

2018-2019 ACADEMIC PLAN

THIRD YEAR

SECOND YEAR

RIRST YEAR

Secondary Content Pedagogy

Implem. & Assessing Effective

HLTH 3373 **Mellness 4LTH 3372** Social and Behavioral Sciences HLTH 4350 Government/Political Science Choose 1 HLTH 3300

Personal Health HLTH 2352 Choose 1 **KINE 1301** Choose 1

Choose 1" Indicates course options. If options are not listed, please review the 2018-19 General Education Core or the degree plan for this major: www.utrgv.edu/degreeplans.

£Х KII uЭ Minor XXXX

Learning Framework Anatomy and Physiology I American History Choose 1 Communication Choose 1

Degree Info

As an integral part of a liberal arts

Anatomy and Physiology II American History Communication **UNIV 1301** Integrative & Experiential Learning Choose 1 **BIOL 2401** Elementary Statistical Methods **2481 HTAM**

Integrative & Experiential Learning Choose 1 **Creative Arts** Choose 1 **BIOL 2402** Choose 1 Choose 1

Organization of the Health Program

in Culturally Sustaining Classrooms Instructional Planning and Assessment

Knowledge of Student Development

The Teaching Profession and Student

Learning in Contemporary Schools

Positive Learning Environments

Evidence-Based Teaching in

Minor

and Learning

Consumer Health

Human Disease

Human Sexuality

Nutrition and Health

School Health Methods

XXXX

EDNC 3304

EDNC 3303

EDNC 3305

EDNC 3301

SYSE HTJH

4LTH 3374

Language, Philosophy & Culture

Minor	XXXX
Minor	XXEX
Intercultural Context of Schooling	EDEK 5301
Growth, Development, and Fitness	HLTH 2373
First Aid and First Responder	KINE 1300
Government/Political Science	Choose 1

FOURTH YEAR

Minor (Advanced)

Or All-Level

Advance HLTH Elective

Advance HLTH Elective

Advance HLTH Elective

Content Area Classrooms

Disciplinary Literacy in

Minor (Advanced)

Student Teaching Secondary

33XX-43XX

33XX-43XX

EDNC 4911

33XX-43XX

33XX-43XX

33XX-43XX

READ 4305

EDNC 4309

BLUFPRINT FXPERIENCES

	FIRST YEAR	SECOND YEAR	THIRD YEAR	FOURTH YEAR AND BEYOND
ADVICE & SUPPORT	 □ UTRGV has a Writing Center and a Learning Center. Make it a point to visit them! □ Complete your core English classes (section 010) during your first year. □ Complete 30 credit hours every year in order to graduate in 4 years. □ Shoot for a GPA of 2.75. □ Take MATH1314 in your first year. □ Meet with your academic advisor and bring your orientation folder with you to every session! □ Choose a major with confidence- Visit my.UTRGV.edu and check out MyMajors. □ Visit a faculty member during their office hours and ask a 	 □ Shoot for a GPA of 2.75. □ Complete major foundation classes, such as KINE 1306, 1351 and HLTH 2352. □ Complete 30 credit hours. □ Apply to the Teacher Education program. The deadline is posted at the College of Education P-16 Integration website. □ Want to explore different careers? Check out MyMajors! □ Come ready with course suggestions and questions when you visit your academic advisor. □ Visit the Communication Hauser Lab for help with 	□ Shoot for a GPA of 2.75. □ Complete 30 credit hours. □ Have you landed an internship or acquired research experience? This is the year to make it happen. □ Seek out research opportunities within your major and join a professional organization such as Health and Kinesiology Club email maria.trinidad@utrgv.edu for information. □ Check DegreeWorks to make sure you are on track for graduation next year.	 □ Shoot for a GPA of 2.75. □ "I have a plan for after graduation." If this describes you, great! If not, visit your Faculty Advisor or Career Center! □ Register for your Capstone/senior/portfolio project. □ Complete at least 30 credit hours to graduate. □ Submit your application(s) for graduate school, an apprenticeship, or for fulltime employment. □ Take PPR and Content TExES semester before planning to student teach. □ Engage in an independent study project or an academic internship to complement your major, such as clinical student teaching. □ Discuss future plans with your faculty mentor or advisor that includes employment, finances, and other life goals.
APPLY WHAT YOU LEARN	 question about class. Classes fill up fast. When registration opens, be sure to register on the first day for your group. Cold or flu getting you down? We have Student Health Services on campus with free office visits. Look for a service-learning course! For guidance, visit Engaged Scholarship & Learning Office. Participate in a campus-sponsored community service project. Ask a student in class to study with you. 	your speeches. Trouble making your tuition payment? The Financial Aid Office can help. Payment plans and emergency loans are also available To find undergraduate research opportunities, visit the Engaged Scholarship & Learning Office. Consider attending the LeaderShape Institute or attend the Engaged Scholar Symposium.	 □ Apply for internship and/or job shadowing opportunities. Discuss this with your advisor, faculty mentor, or Career Center. □ Go show off your research, service-learning or creative works at the Engaged Scholar Symposium! □ Sharpen your writing skills! Take an intensive writing course or become the secretary for your organization. 	 □ Apply for graduation one semester prior to your anticipated date. Visit the Academic Advising Center to ensure you are on track. □ Continue to present research or creative works at the Engaged Scholar Symposium or at research symposiums for students. □ Set up an informational interview with an individual (especially an alumnus) currently in the field you aspire to work in.
GLOBAL, CAMPUS & COMMUNITY ENGAGEMENT	 Set up your profile on the Engagement Zone through My.UTRGV.edu. Attend a diversity based campus or community event (e.g. MLK Day of Service). Attend a departmental program such as Special Olympics Activities, Health Fairs and sponsored activities. Join a student organization! Consider looking into Health and Kinesiology Club or visit VLink (utrgv.edu/vlink) for options. 	 □ Look at study abroad opportunities! Consider visiting with the Office of International Programs and Partnerships at STAC 3.128 Edinburg and Main 1.308 Brownsville. □ Check out a cultural campus or community event such as HESTEC or FESTIBA. □ Join another student organization. Perhaps Grupo Folklorico Tizatlan, Exercise Science Club or visit VLink for options. □ Check out a campus event that offers free lunchbring a friend! 	 □ Consider serving on a campus life/community committee or become a student leader and make a difference. Visit VLink or speak with your Student Government Association for more information! □ Travel the world! Look into study abroad opportunities at Office for International Programs & Partnerships. 	 Identify employers of interest and seek them out at job fairs, online, at on-campus information sessions, staffing agencies, etc. The Career Center can help. Before a job interview, schedule a mock interview with the Career Center or speech coaching with the Communication Hauser Lab.
LIFE AFTER GRADUATION	 Create a résumé and set up your profile on the Handshake icon: (My.UTRGV.edu). Got summer plans? Visit Career Center and ask about places to do some job shadowing. Research shows that students who work on campus perform better than those who work off campus. Look for a job on Handshake! Check your UTRGV email for the daily Messenger- locate and attend one student workshop. 	 □ Update your resume in Handshake and have it reviewed. □ Visit the Career Center site to find a job fair to attend. At the event, approach a recruiter and discuss internships. □ Will a minor expand your career options? We recommend a minor in a teaching field. □ Explain to someone how your academic program aligns with your strengths and interests. 	 □ Check out the Health and Human Performance department website for postings on career/graduate school. □ Think about three people you can ask for letters of recommendation (professors, mentors, advisors, supervisors, etc.). Give them at least two weeks' advance notice! □ When is the deadline for your graduate school application? Visiting the program admissions webpage. Most do not accept late applicants! 	 ☐ Have you received your acceptance for graduate school or an employment offer? If not, network: talk to faculty, the Career Center, and get on LinkedIn. ☐ Formulate and implement a strategy for life after graduation: attend career fairs, graduate fairs, apply to fellowships, etc. ☐ Update your information with Alumni Relations. Enjoy alumni mixers, events and continued access to Career Center services!

CAREERS

- Teaching Grades 6-12
- Health education:
 - o Prevention
 - o Promotion
- Assessment & evaluation
- Program development
- Colleges and universities
- Intervention:
 - Planning and development
 - o Implementation
 - o Evaluation

For additional info, visit the Career Center website and check out "What Can I Do With This Major?" www.utrgv.edu/careercenter

Remember to do your exit loan counseling on

studentloans.gov.